

## **Lipo Foam: Post-Surgery Benefits & Recommended Uses**

Lipo foam is a soft, medical-grade foam pad designed to provide gentle compression and smooth support after cosmetic and body contouring procedures. It is typically worn under compression garments to reduce swelling, prevent creasing, and promote an even, contoured appearance during healing.

## **Surgeries Where Lipo Foam is Recommended:**

- Liposuction (arms, abdomen, flanks, thighs, or back)
- Brazilian Butt Lift (BBL)
- Tummy Tuck (Abdominoplasty)
- 360 Lipo or Full Torso Contouring
- Mommy Makeover Procedures
- Thigh Lift or Arm Lift (Brachioplasty)
- Any procedure where smooth compression and fluid reduction are needed

## Why Use Lipo Foam After Surgery?

- Provides smooth and even compression under garments
- Reduces swelling (edema) and fluid accumulation
- Helps prevent folds, creases, or contour irregularities
- Supports skin retraction and better surgical results
- Enhances comfort when wearing tight compression garments

## **How Lipo Foam Helps in Recovery:**

- Distributes compression evenly across treated areas
- Minimizes the risk of seromas or fluid pockets
- Encourages smoother healing for a more contoured shape
- Reduces tenderness by cushioning sensitive areas
- Can be cut and positioned to fit different parts of the body

Lipo foam is an essential recovery aid for patients undergoing liposuction or body contouring procedures. By providing consistent support and reducing swelling, it helps ensure a smoother, safer, and more comfortable recovery.

Information provided by: AfterSurgerySupplies.com