



Post-Surgery Underwear Guide

This guide helps match the right type of postpartum or incontinence underwear to specific surgeries or recovery symptoms. Perfect for packing hospital bags or building your recovery kit from After Surgery Supplies.

Surgery/Symptom	Leak Protection	Compression Support	Incision/Scar Friendly	Recommended Type
C-Section	High	High	Yes	High-waist postpartum + pad
Vaginal Birth with Tearing	Moderate	Low	Yes	Mesh postpartum + pad
Bladder Sling Surgery	High	Moderate	Yes	Leakproof brief
Pelvic Organ Prolapse Repair	High	High	Yes	Supportive incontinence brief
Hysterectomy	Moderate	Moderate	Yes	Supportive high-waist brief
Endometriosis Surgery	Light	Low	Yes	Soft cotton brief
Myomectomy	Moderate	Moderate	Yes	High-rise compression brief
Vaginoplasty	Light	Low	Yes	Gentle

				compression cotton
Colorectal Surgery	High	Low	Yes	Max absorbency brief
Liposuction (Lower Abdomen)	Light	High	Yes	Compression shaping brief